

## CURRICULUM VITAE

**Abdus S. Arif, M.D.**

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### **EDUCATION:**

#### **Premedical:**

1971-1981      Divisional Public High School, Lahore, Pakistan.  
Secondary School Certificate.

1981-1983      Divisional Public College, Lahore, Pakistan.  
Bachelors Degree F.Sc (BS).

#### **Medical:**

1984-1989      University of the Punjab, The Rawalpindi Medical College,  
Rawalpindi, Pakistan.  
M.B.B.S/M.D.

### **POST GRADUATE TRAINING & EXPERIENCE:**

7/98-7/99      Tulane University School of Medicine, New Orleans.  
Department of Anesthesiology  
Advanced Clinical and Research Fellow (PGY-V)  
Special focus on pain management, critical care, and clinical research

7/97-6/98      Tulane University School of Medicine  
Department of Anesthesiology  
Anesthesiology Resident (PGY-IV)

7/95-6/97      New England Medical Center  
Tuft's University School of Medicine, Boston.  
Anesthesiology Resident (PGY-II-III).

6/94-6/95      Lemuel Shattuck Hospital, Boston.  
Internship in Medicine and Coronary Care Unit (PGY-I).

3/92-3/94      Medical Officer in Primary Health Care Facility.  
Medical Underserved Area, Pakistan.

3/91-3/92      Yasir Hospital Lahore, Pakistan.  
Resident Internal Medicine.

- 8/90-2/91 Services Hospital, Allama Iqbal Medical College  
Intern Internal Medicine.
- 7/89-7/90 Free Medical Clinic, Lahore, Pakistan.  
Physician's Aide.

**LICENSURE &  
CERTIFICATION:**

Diplomat American Board of Anesthesiology, 1999  
Texas State License, 1999-Present  
Florida State License, 2003-Present  
South Carolina State License, 2003-Present  
United States Medical Licensing Exam certified, 1993

**APPOINTMENTS PAST/PRESENT:**

- 07/04-Present Staff Anesthesiologist  
North Houston Anesthesiologists, P.A  
Kingwood, Texas
- 07/03-06/04 Assistant Professor  
Department of Anesthesia & Perioperative Medicine  
Medical University of South Carolina  
Charleston, South Carolina
- 06/00-06/03 Staff Anesthesiologist  
V.A Medical Center. Affiliated with K.U School of Medicine  
Kansas City, Missouri
- 03/00-12/04 Adjunct Assistant Professor  
Department of Anesthesiology  
Texas Tech University School of Medicine, Lubbock, Texas
- 8/99-02/00 Chief Anesthetist  
Burin Peninsula Health Care Center, Burin,  
New Foundland, Canada.
- 11/99-02/00 Member Pharmacy & Therapeutics Committee  
Burin Peninsula Health Care Center, Burin,  
New Foundland, Canada.
- 12/98-6/99 Member Institutional Graduate Medical Education Advisory Committee  
Tulane University School of Medicine, New Orleans, Louisiana.

**AWARDS & HONORS:**

Physician's Recognition Award by American Medical Association July, 1999 - July 2002

Gold Medal by Pakistan Society For The Control of Preventable Diseases October, 1992 for Campaign against acute diarrhoea.

**PRESENTATIONS:**

1. The Anesthetic Management of Patient with Sickle Cell Anemia undergoing repair for Intracranial Aneurysm. **Abdus S. Arif, M.D**, Valery Steinbok, M.D. Grand Rounds, Department of Anesthesiology, New England Medical Center, Boston. June, 1997.

2. The Self -Reporting of Psychiatric Medications in Patients Scheduled for Elective Surgery. Abstract. Corey E. Scher, M.D, Muhammed Anwar, M.D, **Abdus S. Arif, M.D**. The Gulf Atlantic Anesthesia Residents Research Conference, Charlston, North Carolina. March 27-29, 1998.

3. Psychoactive drugs and the operating room. **Abdus S. Arif, M.D.**, Grand Rounds, Department of Anesthesiology, Texas Tech University School of Medicine, Lubbock, Texas. July, 1999.

4. Preoperative Sleep Deprivation Influences Recovery and Postoperative Analgesic Requirements. Abstract. **Abdus S. Arif, M.D.**, Corey S. Scher, M.D., Alan D. Kaye, M.D. Poster Presentation at the IARS 74<sup>th</sup> Clinical and Scientific Congress, Honolulu, Hawaii, March 13, 2000.

5. Preoperative Sleep Deprivation Influences Recovery and Postoperative Analgesic Requirements. Abstract. **Abdus S. Arif, M.D.**, Corey S. Scher, M.D., Alan D. Kaye, M.D. Poster Presentation at the 6<sup>th</sup> American Japan Anesthesia Congress, Honolulu, Hawaii, March 9, 2000.

6. The Effects of Desflurane and Isoflurane on Cerebrospinal Fluid Pressure in Humans with Supratentorial Mass Lesions. Abstract. A.D. Kaye, M.D., Ph.D, **A. S. Arif, M.D**, M. Anwar, M.D, M. Duban, M.D, B.D. Nossaman, M.D. Poster Presentation at the IARS 75<sup>th</sup> Clinical and Scientific Congress, Ft. Lauderdale, Florida, March 16-20, 2001.

**RESEARCH/STUDIES PROTOCOLS (1998-1999):**

(Department of Anesthesiology and Pain Management, Tulane School of Medicine).

1. TH97-0903 A multi-center, open label study evaluating the safety and tolerability of Tramadol Hydrochloride controlled release tablets in patients with chronic pain. Melvin C. Gitlin, **Abdus S. Arif**, Marilyn Duban.
2. H-01066-3121 Assessment of safety and tolerability of oral sustained release Tramadol vs. oral immediate release Tramadol in patients with chronic non-malignant pain. Melvin C. Gitlin, **Abdus S. Arif**, Marilyn Duban.
3. I-653-28 The safety of Desflurane vs. Isoflurane in patients with coronary artery disease under going perirheral vascular surgery. Alan D. Kaye, Bobby D. Nossaman, **Abdus S. Arif**, Marilyn Duban.
4. I-653-29 The comparative anesthetic effects of Desflurane and Isoflurane on cerebrospinal fluid pressure during neuroanesthesia in patients with intracranial tumors. Alan D. Kaye, Bobby D. Nossaman, M. Francis, Donald E. Smith, **Abdus S. Arif**, Marilyn Duban.
5. J4A-MC-EZZF A phase II study to determine the efficacy and safety of LY315920 non-secretory phospholipase A2 inhibitor. Bobby D. Nossaman, **Abdus S. Arif**, Marilyn Duban.
6. HEM-0115 Amendment # 3. A multi-center, randomized, single blind, red blood cell controlled, parallel group study to evaluate the effect on allogenic red blood cells use and the safety of room temperature stable hemoglobin based oxygen carrier-201 (HBOC-201) when administered therapeutically and perioperatively in orthopedic surgery patients who have not received erythropoitin nor undergone preoperative autologus blood donation. (phase III-therapeutic confirmatory). Bobby D. Nossaman, Alan D. Kaye, **Abdus S. Arif**, Corey E. Scher, Marilyn Duban.

#### **PUBLICATIONS:**

- 1 “The Patient on Prozac” CME lesson, **Abdus S. Arif, M.D.**, *Anesthesiology News*, March,1999; 25;3 : 12-17
- 2 “Prenatal Information Maligns Epidural Analgesia.” **Abdus S. Arif, M.D.**, American Society of Anesthesiologist *NEWS LETTER*. March 1999; 63,3 : 31
- 3 “Patient with Pemphigus” CME lesson, **Abdus S. Arif, M.D.**, Alan D. Kaye M.D., PhD., *Anesthesiology News*, December, 1999; 25;12: 8-12

4. "Preoperative Sleep Deprivation Influences Recovery and Postoperative Analgesic Requirements". **Abdus S. Arif, M.D.**, Corey S. Scher, M.D., Alan D. Kaye, M.D., Ph.D. *Anesthesia & Analgesia*, February 2000; 90;2S:S-1.
5. "Good Night's Sleep Pre-op Reduces Post-op Complications". Front page news in *Anesthesiology News*, July 2000, 26;7. **Abdus S. Arif, M.D.**, Corey S. Scher, M.D., Alan D. Kaye, M.D., Ph.D
6. "The Patient At Risk For Postoperative Nausea & Vomiting" CME lesson Part-I, **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D. *Anesthesiology News*, April, 2000, 26;4:35-38.
7. "Patient At Risk For Postoperative Nausea & Vomiting" CME lesson Part-II, **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D. *Anesthesiology News*, May, 2000, 26;5:37-40.
8. "Preoperative Evaluation of the Patient at Risk for Postoperative Nausea and Vomiting Part-1." **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D, *General Surgery News*, April 2000, 27;4:32-36.
9. "Prevention and Treatment of Postoperative Nausea and Vomiting." Part-2. **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D. *General Surgery News*, June 2000, 27;6:23-25.
10. "Basic Science Meets Clinical Science—Fast Tracking the Neurosurgical Patient for Newer Inhalational Agents. Review. Kaye AD, Bannister R, DeWitt B, Anwar M, Duban M, Sabar R, **Arif A.S**, Hofbauer R. Accepted for publication in *Current Opinion In Clinical Experimental Research*, April 2000.
11. "The Effects of Desflurane and Isoflurane on Cerebrospinal Fluid Pressure in Humans with Supratentorial Mass Lesions. Abstract. Alan D. Kaye, M.D., Ph.D., **Abdus S. Arif, M.D.**, Muhammad Anwar, M.D., Duban Marilyn, M.D., Bobby D. Nossaman, M.D. *Anesthesia & Analgesia*, March 2001; 92; S180.
12. "Pemphigus and Anesthesia. A Review." **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D., Ph.D. *American Journal of Anesthesiology*, 2001;28[2]:82-85.
13. "The Abused Geriatric Patient." CME Lesson for Pre-Anesthetic Assessment. **Abdus S. Arif, M.D.**, Alan D. Kaye, M.D. *Anesthesiology News*, December 2000, 26;11:37-40.
14. "Effects of PKC Isozyme Inhibitors on Constrictor Responses in The Feline Pulmonary Vascular Bed." Bracken J. Dewitt, Alan D. Kaye, Ikhlas N. Ibrahim, Trinity J. Bivalacqua, Fiona M. D'Souza, Ronald E. Banister, **A. Salam Arif**, Bobby D. Nossaman. *Am J Physiol Lung Cell Mol Physiol*; 2001; 280: L50-L57

15. "Postoperative Nausea and Vomiting. A Review." **Arif AS**, Kaye AD, Frost E. *Middle East J Anaesthesiol* 2001 Jun; 16(2): 127-54
16. "The Comparative Effects of Desflurane and Isoflurane on Lumbar Cerebrospinal Fluid Pressure in Patients Undergoing Craniotomy for Supratentorial Tumors. Kaye AD, Kucera IJ, Heavener J, Gelb A, Anwar M, Duban M, **Arif AS**, Craen R, Chang CT, Trillo R, Hoffman M. *Anesth Analg* 2004 98: 1127-32

#### **EDITORIALS & MAGAZINES:**

- Member Reviewer Board of *Current Opinion in Clinical Experimental Research*, official organ of the Society of Viennese and International Clinical Experimental Research.
- Member Reviewer Board of *Current Opinion in European Medicine* (Curr Opin Eur Med), a peer reviewed European journal.
- Member Reviewer Board of *Federal Practitioner*, medical journal for health care professionals of the VA, DoD, and PHS, USA.

#### **MEMBERSHIPS:**

American Society of Anesthesiologists  
American Society of Regional Anesthesia  
American Medical Association